Families of Faith

September

Prayer Corner

This week we are thinking about new beginnings. New school year, new classes, teachers and friends.

Dear Jesus,

Help us to make the most of the new start that each September brings. May we use the gifts and talents you have given us to the full. Help us to become the best version of the person you created us to be.

Amen

Family Faith in Action

This month as we think of new beginnings why don't you think of something that you are going to try and do better as a family:

- Saying please and thankyou
- Saying family prayers
- Thinking of a way you can make a difference to the community you live in. (litter picking, gardening, smiling at people, giving clothes and toys to the charity shop)

Saints to Inspire

September 5th – St. Teresa of Calcutta (Mother Teresa)
She is known for her lifelong service to the poor and homeless in Calcutta, India. Try and do small acts of kindness in her honour.

September 8th - Nativity of Our Lady
"Nativity" is like a fancy way of saying birthday. So it's Mary's birthday. Mary's parents were St. Anne and St. Joachim. What do you usually do for a birthday? Perhaps you could bake a cake and decorate it with white and blue icing, the colours we associate with Mary. You could bake 10 cup cakes and put a candle in each one. Pray a decade of the rosary, light a candle each time you pray the Hail Mary. End by singing 'happy birthday' and enjoying the cakes.

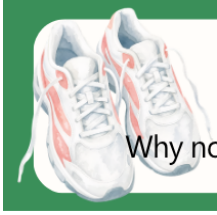
Good News from the Gospel

6th September - Matthew 18:15-20 Jesus reminds us that where two or three are gathered in His name, he is there with us. Try to start and end each day remembering that Jesus is with you in your home.

13th September - Matthew 18:21-35 Jesus is always ready to forgive us. This week let us try and say sorry for the things we do wrong and to forgive those who hurt us.

20th September – Matthew 20:1-16 Jesus tells a story about some workers who all receive the same wages, even though some worked all day and some just worked for an hour. Let us try and be generous and not think 'it's not fair' if we think someone is getting more than us.

27th September – Matthew 21:28-32 Two sons are asked to help their father but respond differently. We consider how we listen to what God is asking us to do and answer that call. This week let's try and look who needs our help and give it without being asked.



National Fitness Day - 16th September

Why not go for a walk, cycle or swim as a family to take care of our bodies that God has created.