

Families of Faith

† February †

Prayer Corner



Dear Jesus,
Thank you for this new day,
For our family, our friends, and all
the love around us.
Thank you for the saints we
remember this month,
Who teach us to pray, be brave,
and care for others.
Help us to be kind, share our gifts,
And shine your light wherever we
go.
Amen

Saints to Inspire



14 February - St Cyril

St. Cyril and his brother St. Methodius helped teach the Slavic people about God and made the first Slavic alphabet called Glagolitic. They also translated the Bible so people could read it in their own language. Today, St. Cyril is remembered for helping people learn to read and for creating the Cyrillic alphabet.



10 February - St Scholastica

St. Scholastica, twin sister of St. Benedict, devoted her life to God and led a community of women. She is remembered for her deep faith and prayer, including a famous story where God sent a storm so she could spend more time with her brother.

Good News from the Gospel



Week 1 - Matthew 5:1-12

We listen to the Beatitudes. How can you be a peacemaker?
How can you promote peace at home or at school?

Week 2 - Matthew 5:13-16

We think about how salt brings out the best things. What good deeds can you do today? How can you bring light to the world?

Week 3 - Matthew 5: 17-37

Teaches us about following laws and commandments. What would you like to say sorry for? How can you show you are sorry?

Week 4 - Matthew 4: 1-11

We have begun Lent and hear about Jesus being tempted in the desert. What are you giving up for Lent?

Family Faith in Action

The feast of **Candlemas** is celebrated on the **2nd of February**. This day celebrates when Mary and Joseph presented baby Jesus in the temple (*Luke 2:22-40*). Here are some ideas to do at home:

- Children could decorate candles with symbols of light (stars, suns, hearts).
- Light candles and talk about Jesus as "the Light of the World."
- Say a simple prayer: "Jesus, help us to bring your light to others."

National Inventors' Day 11th February

Research an inventor. Find out more about what they created



National Random Acts of Kindness Day 11th February

Offer words of encouragement or make a donation to a local cause

National Love Your Pet Day 20th February

Our relationship with our pets are part of our call to Stewardship. Genesis 1:25

